KEY STATISTICS

This document contains the latest statistical analysis of the NCS programme.

For more information or if you have any questions please contact the Research & Evaluation Team at research@ncstrust.org.uk

Last updated: March 2021



NCS PARTNERS
WITH OVER

CHARITIES,
FOOTBALL
CLUBS, PRIVATE
ENTERPRISES,
LOCAL COUNCILS,
SCHOOLS & COLLEGES
TO DELIVER THE PROGRAMME
TO YOUNG PEOPLE 14

SOURCE: NCS TRUST

70%

OF PARTICIPANTS FELT

MORE CONFIDENT

ABOUT

GETTING
A JOB IN
THE FUTURE

AS A RESULT OF GOING ON NCS²³

SOURCE: NATIONAL CITIZEN SERVICE 2018 EVALUATION, DCMS

NCS PARTICIPANTS
HAVE NOW GIVEN

15
MILLION +
HOURS

IN SOCIAL
ACTION 10

SOURCE: NCS TRUST

600,000
YOUNG PEOPLE

HAVE TAKEN PART IN NCS TO DATE 16

SOURCE: NCS TRUST



IN 2019

29%

3AME

COMPARED TO 25% OF STATE
SECONDARY SCHOOL PUPILS

5.2%

COMPARED TO 1.7% OF STATE

SOURCE: NCS TRUST

IMPACT AND SOCIAL VALUE OF NCS

1. In summer 2018, for every £1 spent, NCS gave back £3.49 of benefits to society.

By combining information on the cost of programme delivery and net benefits of leadership, aspirations to higher education and volunteering, it is estimated that the net Benefit Cost Ratio associated with the 2018 NCS summer programme was 3.49, and for the autumn 'standard' programme it was 3.45.

Source: National Citizen Service 2018 evaluation, DCMS

2. £554.7 million and £33.2 million - the total economic benefits of NCS summer and autumn 2018 programmes, respectively. In summer 2018, this comprised of £155.8 million in enhanced leadership skills, £302.4 million attributable to improved aspiration to pursue higher education, and £96.5 million associated with additional volunteering hours.

For the 'standard' autumn 2018 programme, the comparable figures were £9.1 million, £19.9 million and £4.2 million, respectively.

Source: National Citizen Service 2018 evaluation, DCMS

3. An Independent longitudinal study found that NCS had continued to benefit participants in a wide range of ways, two years following the programme.

The most consistent impacts were observed in relation to teamwork, communication and leadership.

Source: National Citizen Service 2013 Evaluation - Two Years On, Ipsos MORI, 2017

SOCIAL MIXING

4. Seventy-eight per cent of participants felt more positive about people from different backgrounds to themselves after attending NCS (2018 summer programme).

Source: National Citizen Service 2018 evaluation, DCMS

5. NCS helps to improve perceptions of community cohesion, and attitudes and tolerance levels towards others. NCS grads also show considerable improvements in confidence in meeting new people as a result of attending the programme.

Detailed analysis of the 2016 and 2017 graduate cohorts shows that the NCS programme helps to improve levels of tolerance towards others across a number of different demographic sub-groups. We can also evidence sizeable improvements in participants' confidence in meeting new people (as much as +10 to +15 percentage points relative to a control group) as a result of attending the programme.

Source: In the Mix with NCS, Jump Projects Limited and MIME Consulting Limited, 2019

6. NCS has a particularly positive impact on social cohesion outcomes among young people who have a lower level of cohesion to start with, or who come from communities where social cohesion is weaker.

For example, NCS graduates from the most segregated communities are 19.4% more likely to report positive social mixing with other ethnic groups 'quite often' or 'very often' following participation in NCS.

Young people who have low levels of positive mixing with other groups before attending the programme are 24.5% more likely to report that they 'agree' or 'agree strongly' their local area is a place where different backgrounds get along well.

Those from the most disadvantaged communities are 29.5% more likely to report that they 'agree' or 'agree strongly' their local area is a place where different backgrounds get along well.

Source: Meeting, Mixing Mending: How NCS impacts young people's social integration, James Laurence. 2018

7. NCS has been shown to have an even greater positive impact on certain groups of young people when it comes to some of our priority outcomes - especially female participants, those from more economically disadvantaged backgrounds, who are disabled or who are BAME.

Source: In the Mix with NCS, Jump Projects Limited and MIME Consulting Limited, 2019

8. NCS grads are more likely to feel confident being the leader of a team after taking part in the programme.

Sixty-one per cent of summer 2018 NCS participants say they feel confident being the leader of a team, even if they have not done it before. This compares to 40% who say this before taking part in the programme. This represents a significant improvement relative to a control group of non-participants (of +18 percentage points).

Source: National Citizen Service 2018 evaluation, DCMS

9. NCS has helped young people feel more connected to their communities during the pandemic.

Through our 2020 Keep Doing Good summer programme, 95% of young people said they enjoyed feeling part of a wider team of young people coming together to support their community. Eighty-five per cent now feel more confident meeting new people. Of those taking part in Autumn activities, 73% said NCS helped them reconnect with people after being in lockdown, and 71% now feel they have a better understanding of the challenges others have faced and are more motivated to help others in their community.

Source: NCS 2020: Programme Evaluation Summary Report, NCS Trust, 2021

SOCIAL ACTION

10. NCS participants have now given over 15 million hours in social action.

This includes over 500,000 hours of social action and/or volunteering in support of local communities during the pandemic (200,000+ hours during the summer Keep Doing Good programme, and 300,000+ hours during autumn 2020).

Source: NCS Trust

11. Young people who have attended NCS feel more able to have a positive impact on the world around them.

Sixty-seven per cent of summer 2018 NCS participants agree with the statement 'I feel able to have an impact on the world around me'. This compares to 59% who say this before taking part in the programme. This represents a significant improvement relative to a control group of non-participants (of +15 percentage points).

Source: National Citizen Service 2018 evaluation, DCMS

12. Almost two in three NCS participants say they are more likely to help out in their local area after coming on NCS.

Sixty-four per cent of NCS summer 2018 participants agree with the following statement about their NCS experience: 'I am more likely to help out in my local area'.

During the pandemic, almost two in three (63%) young people taking part in our summer of 'Keep Doing Good' said they were likely to continue volunteering locally. Three in four had also encouraged friends or family to volunteer.

Source: <u>National Citizen Service 2018 evaluation, DCMS</u> / <u>NCS 2020: Programme Evaluation Summary Report, NCS Trust, 2021</u>

PROGRAMME DELIVERY, QUALITY & FEEDBACK

13. Over two in five summer graduates, and over a third of autumn grads, gave the programme 10/10, calling it a 'completely worthwhile' experience.

When asked on a scale of 0-10 how worthwhile they found their NCS experience in 2018, the vast majority of participants (87% in summer and 85% in autumn) gave a score of at least 7. Forty-three per cent of summer participants gave the programme a maximum score of 10, 'completely worthwhile', and 37% in autumn.

Source: National Citizen Service 2018 evaluation, DCMS

14. NCS partners with over 120 charities, football clubs, private enterprises, local councils, schools and colleges to deliver the programme to young people.

These are organisations with whom the Trust has direct contracts to support delivery of the programme. This figure doesn't include the numerous organisations that the Trust supports indirectly through its wider supply chain.

Source: NCS Trust

15. During the pandemic, NCS supported teachers in almost 400 schools and colleges with a range of resources and workshops to support with returning to school.

Over the course of 2020, this helped support over 60,000 pupils in areas such as resilience training, post-COVID socialisation and health and wellbeing.

Source: NCS Trust

PARTICIPATION AND INCLUSION

16. Over 600,000 young people have taken part in NCS to date.

NCS is the fastest growing youth programme for 16 and 17 year olds in the country. Over 600,000 young people have taken part in NCS to date.

In 2019, 92,000 young people attended one of our typical summer or autumn programmes.

During 2020, whilst our programmes looked a little different, NCS was still able to support 23,400 young people during the pandemic: over 6,800 through our Keep Doing Good summer programme, and over 16,600 through autumn activities. This is in addition to the 60,000+ young people supported through our schools and colleges support programme.

Source: NCS Trust

17. In 2019, 29% of NCS participants were BAME.

Twenty-nine per cent of young people who participated in the 2019 programme classified themselves as BAME. This compares to 25% of the state secondary school population.

In 2020, 36% of young people participating in our summer Keep Doing Good programme identified themselves as BAME. This was 26% for those engaging in autumn activities.

Source: NCS Trust

18. NCS is particularly inclusive to those with special educational needs or who have a disability – 4.5% above the national average. 6.2% of young people who participated in the 2019 programme had SEND (Special Educational Needs and Disabilities). This compares to 1.7% of the state secondary school population.

In 2020, despite amplified barriers for vulnerable young people to take part in NCS as a result of the pandemic, 8% involved with our summer Keep Doing Good programme, and 14% engaged with autumn activities, had SEND.

Source: NCS Trust

19. NCS is especially inclusive of those on Free School Meals.

Twenty-three per cent of young people who participated in NCS during 2019 were on Free School Meals. This compares to 14% of the comparable 16-17 year old population.

In 2020, 19% of young people who took part in the summer Keep Doing Good programme, and 22% engaged in autumn activities, were eligible for Free School Meals.

Source: NCS Trust

DEMOCRATIC ENGAGEMENT

20. NCS has a positive impact on participants saying they are likely to vote at the next election or referendum.

When asked about their likelihood of voting in the next election or referendum, on a scale of 1 to 10 (where 1 means you would be absolutely certain not to vote, and 10 means that you would be absolutely certain to vote), there is a positive impact of +0.6 on the mean score for summer participants, relative to a control group of non-participants.

Source: National Citizen Service 2018 evaluation, DCMS

21. In 2019, 160 political stakeholders visited a NCS programme, which included 137 MPs.

Source: NCS Trust

SOCIAL MOBILITY

22. NCS increased university intake by 12% and access to higher education by 50% among disadvantaged young people.

In the long-term, the entry rates for NCS graduates into higher education are, on average, 12% higher than for non-NCS graduates. There was an almost 50% increase in higher education participation for the most disadvantaged young people.

Source: Exploring the wellbeing impact of NCS (interim report), Jump Projects Limited and Simetrica, 2017 / If you could bottle it... A wellbeing and human capital value for money analysis of the 2015 programme, Jump Projects Limited and Simetrica, 2017

23. Seventy per cent of summer participants agree with the following statement about their NCS experience: 'I now feel more confident about getting a job in the future'.

We also find that 78% of summer 2018 participants agree with the statement 'I feel positive about my chances of getting a job in the future'. This compares to 72% who say this before taking part in the programme, representing a statistically significant improvement relative to a control group of non-participants who were asked the same question (of +8 percentage points).

Source: National Citizen Service 2018 evaluation, DCMS

24. During the pandemic, NCS has helped young people to develop skills and feel more positive about the future.

Against the backdrop of COVID-19, young people report how NCS has helped them develop skills useful to them in future (90% taking part in the summer Keep Doing Good programme, and 81% in autumn activities), including teamwork and communication. They also felt more optimistic about the future after their NCS experience (75% in summer and 62% in autumn).

Source: NCS 2020: Programme Evaluation Summary Report, NCS Trust, 2021